



Band of Brothers

2024-25

Band of Brothers is a new initiative of the Northwest School of Discipleship seeking to address the crisis of Christian manhood facing young men today. More than ever, guys in their late teens and 20s need to be challenged to fully embrace their commitment to Christ and their critical role in society, the church, and the home. *Band of Brothers* seeks men who want to grow deeper in faith and develop themselves as godly men. *Band of Brothers* is designed for guys in the Portland metro region with jobs or in college or trade-school school, but who are willing to **commit** to a serious 8-month season of spiritual growth and discipleship with other young men.

Below are the five elements of this structured season of spiritual growth and discipleship training:

- 1. Daily Personal Spiritual Discipline.** The Band of Brothers commit to a challenging, yet reasonable, daily rhythm of structured prayer, scripture reading, and reflection. The daily commitment to Spiritual Discipline is approximately 1 hour.
- 2. Weekly Men's Discipleship Group.** The Band of Brothers meets once per week for two hours at a time and at a location agreed upon by the entire cohort. During this meeting the men pray together, hold one another accountable, discuss challenges and victories, and talk about the material covered in the assigned readings. The weekly commitment to the discipleship group is around 3 hours, including travel time.
- 3. Weekly Mentoring.** Each member of the Band of Brothers cohort is assigned an older Christian man who serves as his mentor. Mentor and mentee meet at a time and location convenient for each other once per week. The weekly commitment to mentoring is around 3 hours, including travel time.
- 4. Boot Camp Weekends.** Four times in the program the Band of Brothers goes away for a weekend of study, teaching, fun, and service. These weekends are very inexpensive and involve growing as Christian brothers and practical implementation of principles of Christian manhood.
 - **October 11-13, 2024 – Christian Manhood: Becoming a Godly Man** (focus on disciplines of self-control, filling the mind with good, refusing access to the mind of evil, etc)
 - **December 6-8, 2024 – Christian Manhood: Becoming a Provider & Protector** (focus on character traits needed to provide for a family and be a protector of women and children)
 - **January 17-19, 2025 - Christian Manhood: Becoming a Husband and Father** (focus on sexual purity and preparation for/practice of fatherhood)
 - **March 7-9, 2025 - Christian Manhood: Becoming a Spiritual Leader** (focus on a man's spiritual leadership in the church and in the home)
- 5. International Mission Experience.** The Band of Brothers travels abroad and serves at a mission point in Cambodia. Please note that the mission trip is optional.

Approximate Cost: \$500 (operating expenses); \$2500 (mission trip; optional).

Commitment level. The Band of Brothers is not for everyone. It is for young men 18-29 who are willing to **commit** to the time expectations and reading requirements of the program, young men who are ready to **sacrifice** time and money for spiritual growth, and men willing to **train** themselves for godliness with seriousness and accountability.